

PARKS & RECREATION

*Summer 2021*

**PROGRAMS & ACTIVITIES**



Virtual Nature  
Education Programs

Education

Nature Education  
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Arthritis Intervention  
Programs

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Visit [caddo.org](http://caddo.org) for more information

# Director's Welcome



We are excited to finally welcome back summer! We have been very busy planning a diverse slate of programs and events that will be held over the upcoming months, and are proud to share them with you and our respective Caddo Parish communities. This summer features the return of some favorite in-person activities, including nature education programs, recreational activities and sport camps/clinics.

In addition, Caddo Parish Parks and Recreation Department has received a \$50,000.00 grant award from No Kid Hungry to feed summer youth program participants healthy snacks and lunch during the months of June-August. This grant award will help ensure department staff can continue to provide our summer program youth participants with the nutrition they need to reach their full potential during the summer season.

No matter how you chose to spend your summer, Caddo Parish Parks and Recreation Department encourages you to get outside, get moving and enjoy your Caddo Parish parks, nature trails, green spaces, playgrounds and more. Let us fill your summer with fun and memorable family moments.

I look forward to seeing you out and about this summer enjoying Caddo Parish parks and programs.

Sincerely,

Patrick Wesley, Director  
Caddo Parish Parks and Recreation





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# Virtual Nature Education

## Live Virtual Programs

### **Covid-19 Information - Updates for Caddo Parish Parks & Recreation as of June 1, 2021:**

All parks and park facilities are open and accessible to the public at full capacity during normal operating hours. Masks are no longer required in parks or park facilities. In-person programming will resume with any applicable COVID-19 health and safety protocols in place.

### **An Introduction To Acrylic Painting**

Join Walter B. Jacobs Memorial Nature Park-Naturalist, Hulya Onel, on our Facebook to acrylic paint along with her. In this virtual program we will use various materials to paint on, such as rocks, canvases, slates and woods, each time capturing something different about this wondrous nature! This workshop is for all ages. For additional information, call the Walter B. Jacobs Memorial Nature Park at (318) 929-2806.

**Join Hulya on our Facebook postings on Saturday July 3, 2021 at 1:00pm**

### **Lets Get Creative!**

Join Walter B. Jacobs Memorial Nature Park-Naturalist, Hulya Onel, on our Facebook to create objects just to admire or to make use. In this virtual program we will carve woods, dye T-shirts, design ornaments with beads and anything in between. We will get creative! Feel free to contact Hulya if you have a craft in mind and she will do her best to include it into the program! This program is for all ages. For additional information, call the Walter B. Jacobs Memorial Nature Park at (318) 929-2806.

**Join Hulya on our Facebook postings on Saturday June 5, 2021 at 1:00 pm.**

### **Cool Bugs!**

Join Walter B. Jacobs Memorial Nature Park-Naturalist, Hulya Onel, on our Facebook to learn about interesting facts about insects, arachnids, crustaceans and creepy crawlies of all kinds. In this virtual program we will learn about a different one each time. You can even send the Naturalist Hulya Onel a message for a creepy crawly that you wish to know more about. She will do her best to include it into the presentations, if possible! This program is for all ages. For additional information, call the Walter B. Jacobs Memorial Nature Park at (318) 929-2806.

**Join Hulya on our Facebook postings on Saturday August 7, 2021 at 1:00 pm**



# Nature Education Programs

## Nature Storytime

**Walter B. Jacobs Memorial Nature Park**  
8012 Blanchard Furrh Road, Shreveport, LA

Join a park naturalist for a special nature storytime. Each month, children will explore different nature topic through stories, songs, games, crafts nature walks, and close encounters with live animals. For ages 5 and under. **This program is free but registration is required.**

For additional information, call the Walter B. Jacobs Memorial Nature Park at (318) 929-2806.

[Registration Links:](#)

[JUNE 10 - FLOWER POWER](#)

[JULY 8 - SNEAKY SNAKES](#)

[AUGUST 12 - COLORS OF THE RAINBOW](#)

June 10, July 8, August 12 @ 10:00-11:00 am

## Wild Wonders at Caddo Common Park

**Caddo Common Park**  
869 Texas Ave., Shreveport, LA

Discover new connections to nature at Caddo Common Park! Naturalists from Walter B. Jacobs Memorial Nature Park will provide activities, live animal encounters, and stories all about a new nature topic each month. Perfect for families of all ages and abilities to connect with each other and the natural world.

For additional information, call the Walter B. Jacobs Memorial Nature Park at (318) 929-2806.

June: *Perfect Pollinators* | July: *For Goodness Snakes*  
August: *Patterns in Nature*

Sundays, June 20, July 18, August 22, 12:00 am-4:00 pm

## Canoeing at Fleming Park

**Richard Fleming Park**  
7919 W Lakeshore Dr. Shreveport, LA 71107

Join Walter B. Jacobs Memorial Nature Park-Naturalist, Hulya Onel to spend a couple of hours on the water. You can reserve a canoe or bring your own canoe or kayak. This program is not intended to teach canoeing skills. **Children must be accompanied by an adult.** Due to Covid-19 public health guidelines, strict precautions will be taken to ensure all staff and participants are following social distancing and hygiene recommendations.

For additional information, call Walter B. Jacobs Memorial Nature Park at (318) 929-2806.

[PRE-REGISTRATION IS REQUIRED. REGISTER HERE.](#)

Saturday, August 28, 2021 from 10:00 am - 12:00 pm

For more information visit:

**Walter B. Jacobs Memorial Nature Park**  
8012 Blanchard Furrh Road, Shreveport, LA



# Nature Education Programs

## Family Adventure Day

**Richard Fleming Park**  
7919 W Lakeshore Dr. Shreveport, LA 71107

Enjoy a day of fishing, canoeing, and archery. Families will spend 1.5-hour rotations in each activity. Bring a picnic lunch. All gear provided but you are welcome to bring your own.

Due to Covid-19 public health guidelines, strict precautions will be taken to ensure all staff and participants are following social distancing and hygiene recommendations.

Ages 6 & up only. **You must pre-register and space will be limited.** For additional information, call Walter B. Jacobs Memorial Nature Park at (318) 929-2806.

**Saturday, June 12, 2021 9:00 am-1:30 pm**

Campers should bring a reusable water bottle. Snacks and meals provided through Team No Hungry Kid.

**Limited to 12 children per week.**

Cost is \$100 per child per week. Call (318) 929-2806 to reserve a spot.

Payment in check or money order form and completed application are due within 5 business days of registration.

For additional information, call Walter B. Jacobs Memorial Nature Park at (318) 929-2806.

### [REGISTER HERE](#)

**Session 1: Monday - Friday, June 14- June 18 | 9:00 am - 2:00 pm**

**Session 2: Monday -Friday, July 12- July 16 | 9:00 am - 2:00 pm**

**Camp hours are 9:00am-2:00pm daily.**

## Wild Child Summer Camp: Outdoor Skills

TEAM  
NO KID  
HUNGRY

**Richard Fleming Park**  
7919 W Lakeshore Dr. Shreveport, LA 71107

Do you have a wild child? This camp is designed for kids aged 8-12 who love nature and want to increase their outdoor skills and nature knowledge. Each week will include lots of time outdoors, hands-on educational activities, hiking, arts & crafts, and games.

For more information visit:

**Walter B. Jacobs Memorial Nature Park**  
8012 Blanchard Furrh Road, Shreveport, LA



# Nature Education Programs

## Wild Child Summer Camp: Nature of Art TEAM NO KID HUNGRY

**Walter B. Jacobs Memorial Nature Park  
8012 Blanchard Furrh Road, Shreveport, LA**

Do you have a wild child? This camp is designed for kids aged 8-12 who love nature and want to increase their outdoor skills and nature knowledge. Each week will include lots of time outdoors, hands-on educational activities, hiking, arts & crafts, and games.

Campers should bring a reusable water bottle. Snacks and meals provided through Team No Hungry Kid.  
**Limited to 12 children per week.**

Cost is \$100 per child per week. Call (318) 929-2806 to reserve a spot. Payment in check or money order form and completed application are due within 5 business days of registration.

For additional information, call Walter B. Jacobs Memorial Nature Park at (318) 929-2806.

### REGISTER HERE

**Session 1: Monday - Friday, June 28 - July 2 | 9:00 am - 2:00 pm**

**Session 2: Monday -Friday, July 26- July 30| 9:00 am - 2:00 pm**

**Camp hours are 9:00am-2:00pm daily.**

For more information visit:  
**Walter B. Jacobs Memorial Nature Park  
8012 Blanchard Furrh Road, Shreveport, LA**

## Caddo Clean Parks Campaign

Caddo Clean Parks is our newest volunteer opportunity in partnership with Shreveport Green. We believe that when our citizens volunteer in our parks, they take a more personal interest in keeping them clean and beautiful.

### Three ways you can contribute to the Caddo Clean Parks Campaign:

1. **PICK UP** Please do not litter and make sure to clean your area after each park visit. You can also help by picking up litter in the park that other people may have left and by spreading the message of keeping our parks clean. It is also important to pick up after your pets.
2. **EVALUATE** Input from our citizens and visitors is an important part of maintaining our parks. If you see inadequate conditions in any of our parks or greenspaces, please use this form to tell us about your concerns [here](#).
3. **VOLUNTEER** Individuals, non-profit organizations or groups of individuals can volunteer and complete park rehabilitation projects. These projects include clean up days in parks, planting trees, maintaining community gardens and more. Sign up here for the next event or even let us help you create your own Caddo Clean Parks event [here](#).

Contact Stacy Gray at [sgray@caddo.org](mailto:sgray@caddo.org) or (318) 929-2806 for more information.





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# Arthritis Intervention Programs

All Arthritis Intervention Programs are held at: **Caddo Common Park, 869 Texas Ave., Shreveport, LA**

## GETTIN' FIT & STRONG!

Caddo Parish Parks and Recreation Department is proud to partner with SRAC, National Recreation and Parks Association (NRPA), and Centers for Disease Control and Prevention (CDC)-to expand the delivery and dissemination of the Fit & Strong program in Caddo Parish.

This program is a multi-component physical activity and behavior-change program that teaches inactive adults with lower extremity pain, joint pain/stiffness and mobility challenges how to engage in safe and effective exercise. Certified wellness and aerobics instructors will conduct all program activities.

**This program is free, registration required.** For additional information, contact Mary Murphy at (318) 220-6284 or [mmurphy@caddo.org](mailto:mmurphy@caddo.org).

**Classes will be held every 1st Thursday of the month, starting June 3, 2021.**

**10:00 am – 11:30 am Health/  
Nutrition Literacy and Fitness**

## Active Living Everyday (ALED)

Caddo Parish Parks and Recreation Department is proud to partner with the National Recreation and Parks Association (NRPA), and the Centers for Disease Control and Prevention (CDC) to expand the delivery and dissemination of the Active Living Every Day program in Caddo Parish.

ALED offers alternatives to more traditional, structured exercise programs. Participants choose their own activities and create their own plans based on their lifestyle and personal preferences, focusing on moderate-intensity activities that can be easily added to their daily routines.

**This program is free, registration required.** For additional information, contact Cattina Williams at (318) 218-7070 or [cwilliams@caddo.org](mailto:cwilliams@caddo.org).

**Every 3rd Thursday of the month, starting May 20, 2021, 10:30a.m. (Short lecture 10:30am | Discussion session 11:00am)**

All Arthritis Intervention Programs are held at:  
**Caddo Common Park**  
869 Texas Ave., Shreveport, LA



# Health & Wellness Programs

Adults, Seniors, and Families

## Fitness in the Park

**Caddo Common Park**  
869 Texas Ave., Shreveport, LA

Bring the entire family out and engage in a diverse slate of fitness activities to promote healthy living (Health and Fitness, Walking, and Nutritional Literacy). **This event is free, registration required.**

For additional information, contact Mary Murphy at (318) 220-6284 or [mmurphy@caddo.org](mailto:mmurphy@caddo.org).

**Every 3rd Sunday of the month -**  
June 20, July 18, August 22

**Class 1 - 12:30 pm - 1:15 pm**

**Class 2 - 1:45 pm - 2:30 pm**

**Class 3 - 2:45 pm - 3:30 pm**

## Walking With Numbers-Walking Program

*This is an independent walking program. Participation can take place at home/ neighborhood, local parks, fitness center, etc.*

This independent walking program is designed to get adults/seniors who are inactive up and moving in 2021. Individuals will set weekly/monthly personal walking step goals, and report walking numbers to our parks and recreation program coordinator. Incentive prizes will be given to individuals who meet their set goals throughout the calendar year.

For additional information, contact Mary Murphy at (318) 220-6284 or [mmurphy@caddo.org](mailto:mmurphy@caddo.org).

**Walking Program Starts:**  
June 1 - December 2021

## Wellness Wednesday - Independent Walking Program

*This is an independent walking program. Participation can take place at home/ neighborhood, local parks, fitness center, etc.*

**Welcome & Information Meeting:**  
Caddo Common Park  
Wednesday, June 2, 2021 from 11:00 am - 1:00 pm.

This independent walking program is designed to get adults/seniors who are inactive, up and moving in 2021. Individuals will meet at Caddo Common Park bi-monthly to set weekly/monthly personal walking step goals, and report walking numbers, and incentive prizes will be given to individuals who meet their set goals throughout the calendar year.

**An informational meeting will be held at Caddo Common Park to discuss program details.**

For additional information, contact Mary Murphy at (318) 220-6284 or [mmurphy@caddo.org](mailto:mmurphy@caddo.org).

**Walking Program Starts:**  
May 2 - December 31st 2021



# Health & Wellness Programs

Adults, Seniors, and Families

## 2nd Annual Father's Day 5K Run Walk

**Southern Hills Park**  
**1002 West Bert Kouns Industrial**  
**Loop, Shreveport, La. 71118**

The purpose of this Caddo Parish sponsored community event is to celebrate Father's Day weekend through health and fitness while providing quality of life for services to Caddo Parish citizens and families. For additional information, contact Cattina Williams at (318) 218-7070 or [cwilliams@caddo.org](mailto:cwilliams@caddo.org).

**Saturday, June 12, 2021 | 8:30 a.m**

**REGISTRATION: [WWW.SPORTSPECTRUMUSA.COM](http://WWW.SPORTSPECTRUMUSA.COM)**

## The Cultural Intersection

**Pamoja Art Society**  
**3806 Linwood Avenue, Shreveport, La. 71103**

The purpose of this Caddo Parish sponsored community event is to promote inclusion and awareness around multicultural education and taking a culturally responsive approach to educate Caddo Parish citizens and families. For additional information, contact Cattina Williams at (318) 218-7070 or [cwilliams@caddo.org](mailto:cwilliams@caddo.org).

**Saturday, June 12, 2021/ 10:00 a.m.- 6:00 p.m.**

## No Kid Hungry-Cooking Matters

**Virtual**

No Kid Hungry-Cooking Matters is excited to share a series of videos developed to help parents and caregivers in the kitchen — Kitchen Finds and Meal Prep Made Easy. The series contains 6 episodes and are the newest installment in a large bank of video resources on the Cooking Matters YouTube channel. The Cooking Matters Facebook page runs weekly Facebook Lives. Head to the Spanish Cooking Matters Facebook page for content created specifically for Spanish speakers.

For additional information, contact Cattina Williams at (318)218-7070 or [cwilliams@caddo.org](mailto:cwilliams@caddo.org). Months of June and July

## PTSD Health Awareness

**Virtual program taking place on [caddo.org](http://caddo.org) and social media**

Throughout the **month of June**, go to [caddo.org](http://caddo.org) and the Caddo Parish Parks Department's social media pages for information and resources from Ochsner LSU Health and other area health organizations for ways to keep your family and friends safe and healthy.

For additional information, contact Cattina Williams at (318) 218-7070 or [cwilliams@caddo.org](mailto:cwilliams@caddo.org).



# Health & Wellness Programs

Adults, Seniors, and Families

## Juvenile Arthritis Health Awareness

Virtual program taking place on [caddo.org](http://caddo.org) and social media

Throughout the **month of July**, go to [caddo.org](http://caddo.org) and the Caddo Parish Parks Department's social media pages for information and resources from Ochsner LSU Health and other area health organizations for ways to keep your family and friends safe and healthy.

For additional information, contact Cattina Williams at (318) 218-7070 or [cwilliams@caddo.org](mailto:cwilliams@caddo.org).

## Childrens Eye Health and Safety Awareness

Virtual program taking place on [caddo.org](http://caddo.org) and social media

Throughout the **month of August**, go to [caddo.org](http://caddo.org) and the Caddo Parish Parks Department's social media pages for information and resources from Ochsner LSU Health and other area health organizations for ways to keep your family and friends safe and healthy.

For additional information, contact Cattina Williams at (318) 218-7070 or [cwilliams@caddo.org](mailto:cwilliams@caddo.org).



# Virtual Fitness Programs

Teens, Adults Seniors and Families

## Virtual Fitness Classes \*

Caddo Parish Parks and Recreation is proud to offer a wide variety of free live Virtual Fitness Classes. Tune in every Tuesday, starting June 1, 2021, from 6:30 pm – 7:00 pm for a new workout, including kickboxing, yoga, Zumba, and lots more. All classes are designed to increase your range of motion, improve cardio, balance and flexibility by mixing low-intensity and high-intensity moves. **A certified instructor will conduct all classes.**

**Every Tuesday, starting June 1, 2021, from 6:30 pm – 7:00 pm**

Find us on our Facebook page:

<https://www.facebook.com/caddoparks>

***\*Please consult your doctor before starting any exercise regimen and for modifications that best meet your individual needs.***

For additional information, on any of the Virtual Fitness Programs, contact Mary Murphy at (318) 220-6284 or [mmurphy@caddo.org](mailto:mmurphy@caddo.org)

## Line Dance Classes \*

Caddo Parish Parks and Recreation is proud to offer free live virtual line dance classes with the SB Steppers. This class is designed to increase your range of motion, improve cardio, balance and flexibility by mixing low-intensity and high-intensity moves.

**Classes will be held every other Thursday, starting June 3, 2021, from 6:30 pm – 7:00 pm.**



# Education

## After School Program

### **Salvation Army Boys and Girls Club of Shreveport**

**Salvation Army Boys and Girls Club of Shreveport**  
**2821 Greenwood Rd.-Shreveport, La.**

Caddo Parish Parks and Recreation serves as an official partner of the Salvation Army Boys and Girls Club of Shreveport After-School Program. After-school programs are designed for youth K-12th grade to provide supervised homework assistance, arts and craft, career readiness programs, recreational activities, social/life skill workshops, and snacks. **Registration is required.**

For additional information, contact Salvation Army Boys and Girls Club of Shreveport office at (318) 636-3313.

#### **Caddo Parish School Academic Calendar**

**Monday -Thursdays, 3:00 pm – 6:00 pm / Fridays, 3:00 pm – 5:30 pm**



# Athletics

## Caddo Parish Softball/ Baseball MLB Pitch Hit & Run and MLB Jr. Home Run Derby

TEAM  
NO KID  
HUNGRY

**Captain Shreve High School, 6115 E.  
Kings Hwy, Shreveport, LA 71105**

Caddo Parish Parks and Recreation, in conjunction with Captain Shreve High School baseball team and coaching staff, will sponsor a one-day MLB Pitch Hit & Run and MLB Jr. Home Run Derby, June 9, 2021, at Captain Shreve High School, 6115 E. King Hwy, Shreveport, LA, 71106, 6:00 pm. Ages 4-14. **Registration is required. This event is free.**

**MLB Pitch Hit & Run** is the Official Skills Competition of MLB – providing youth the opportunity to show off their fundamental baseball/softball skills. Online registration for MLB Pitch Hit & Run Competition for Age Groups: 7-8, 9-10, 11-12, 13-14

[ONLINE REGISTRATION](#)

**MLB Jr. Home Run Derby** is a fun competition that provides baseball players the chance to display their hitting power. Online registration for the Jr. Home Run Derby for Ages: 11-12, 13-14

[ONLINE REGISTRATION](#)

For additional information, contact Coach Wendell Delaney at (318)286-2796 or Mary Murphy at mmurphy@caddo.org or (318) 220-6284.

*Note: Snacks and meals provided through Team No Hungry Kid.  
Max participants: 75 Kids*



# Athletics

## Caddo Parish/Mount Hermon T-Ball Clinic

TEAM  
NO KID  
HUNGRY

Galilee Baptist Church-Stewart-Belle Stadium  
1500 Pierre Ave., Shreveport, LA

Caddo Parish Parks and Recreation, in conjunction with Mount Hermon Sports, will sponsor a one-day general skills and drills T-Ball Clinic, June 1, 2021 / 6:00 pm – 7:00 pm, at Galilee Baptist Church Stewart-Belle Stadium, (1500 Pierre Avenue). This clinic is for boys and girls, ages 4-6. **Registration is required. This event is free.**

For additional information, contact Coach Wendell Delaney at (318) 286-2796 or Mary Murphy at mmurphy@caddo.org or (318) 220-6284.

*Note: Snacks and meals provided through Team No Hungry Kid.  
Max participants: 50 kids*

**Registration Deadline: May 31, 2021, online or onsite**

[REGISTER ONLINE HERE](#)

**One-day event, Tuesday, June 1, 2021, / 6:00 pm**

## Caddo Parish T-Ball League

TEAM  
NO KID  
HUNGRY

Southwood High School  
9000 Walker Road

Huntington High School, 6801  
Raspberry Lane, Shreveport, LA

Caddo Parish Parks and Recreation will offer a T-Ball League ages 4-6. This program will provide a Tee Ball experience that is grounded in fun, fitness and fundamentals. Young players in this age bracket will build confidence as they practice hitting a ball off a Tee, running bases, catching and throwing. **Registration is required.** Player registration fee: \$10.00.

For additional information, contact Coach Wendell Delaney at (318) 286-2796 or Mary Murphy at mmurphy@caddo.org or (318) 220-6284.

*Note: Snacks and meals provided through Team No Hungry Kid.  
Max participants: 50 kids*

**Team Registration Deadline: June 9, 2021, at 2900 Hearne Ave Suite B or**

[REGISTER ONLINE HERE](#)

**Starts the week of June 14, 2021, / 6:00  
(Game Schedule will be provided)**

**Coaches Meeting: June 10, 2021, 6:30 pm**

**Salvation Army Boys and Girls Club of Shreveport  
Fair Park, 2821 Greenwood Rd.**



# Athletics

## Caddo Parish/Mooringsport Soccer Clinic

TEAM  
NO KID  
HUNGRY

Edwin Tuttle Currie Park, 574 Old Mooringsport Road, Mooringsport, LA 71060

Caddo Parish Parks and Recreation, in conjunction with CABOSA, will sponsor a one-day general skills and drills Soccer Clinic, June 16, 2021 | 9:30 am – 10:30 am, at Edwin Tuttle Currie Park (Mooringsport, LA). This clinic is for boys and girls, ages 4-14. **This event is free. Registration is required.**

For additional information, contact Coach Wendell Delaney at (318)286-2796 or Mary Murphy at mmurphy@caddo.org or (318) 220-6284.

*Note: Snacks and meals provided through Team No Hungry Kid.  
Max participants: 35 kids*

**Registration Deadline: June 16, 2021, onsite or REGISTER ONLINE HERE**

**One-day event, June 16, 2021 | 9:30 am – 10:30 am**

## Tiny Tots Soccer Clinic

TEAM  
NO KID  
HUNGRY

Common Park, 869 Texas St, Shreveport, LA 71109

Caddo Parish Parks and Recreation, in conjunction with Cabosa will sponsor a one-day general skills and drills Soccer Clinic for boys and girls ages 4-6. **Registration is required. This event is free.**

For additional information, contact Coach Wendell Delaney at (318) 286-2796 or Mary Murphy at mmurphy@caddo.org or (318) 220-6284.

*Note: Snacks and meals provided through Team No Hungry Kid.  
Max participants: 25 kids*

**Registration Deadline: June 23, 2021, onsite or REGISTER ONLINE HERE**

**One-day event, June 23, 2021, 9:00 am – 10:00 am**

## Quarterbacks, Wide Receivers, Tight Ends-Skills & Drills Clinic

TEAM  
NO KID  
HUNGRY

Lee Hedges Stadium, 6115 E. Kings Hwy, Shreveport, LA 71105

To provide instruction for middle/high school football players wishing to improve their overall skill level. This clinic will focus on the fundamentals of the game of football with high repetition drill work and teaching from highly qualified Caddo Parish high school coaches. In addition, this clinic will focus on footwork, technique, speed, and overall football knowledge through extensive practices that will include, but are not limited to, one-on-one instruction, fundamental stations, position drills, and competition. Our goal is for each youth participant to leave the clinic with a more solid foundation in the fundamentals of the game of football-that will serve his team well throughout the football season.

*Note: Snacks and meals provided through Team No Hungry Kid.  
Max participants: 100 kids*

**Registration Deadline: July 19, 2021 onsite or REGISTER ONLINE HERE**

**One-day event, July 19, 8:00 am – 1:00 pm**



# Athletics

## 43rd Annual Sickle Cell Softball Tournament

**Cargill Sports Complex**  
2800 Cargill Drive-Shreveport, LA

It's time for the 43rd Annual Sickle Cell Softball Tournament. The Northwest Louisiana Chapter of Sickle Cell Disease Association of America, Inc. invites all softball teams (men and women) to participate, as we "hit it out of the park" for sickle cell disease.

Register your team now at [www.sicklecellnwla.org](http://www.sicklecellnwla.org) or call (318) 636-5300.

Friday, July 9th - Sunday, July 11th

## Caddo Parish/Centenary Ladies Softball Camp

TEAM  
NO KID  
HUNGRY

**Centenary College**  
2911 Centenary Cir.  
Shreveport, LA 71104

Caddo Parish Parks and Recreation, in conjunction with Centenary Ladies Softball coaching staff and players, will sponsor a two-day general skills and drills softball camp at Centenary College for girls grades 4th - 8th. **Registration is required.** Registration fee \$25.00.

For additional information, contact Mark Suire, Centenary Ladies Softball at [msuire@centenary.ed](mailto:msuire@centenary.ed), (318) 841-7287 or Mary Murphy at [mmurphy@caddo.org](mailto:mmurphy@caddo.org) or (318) 220-6284.

*Note: Snacks and meals provided through Team No Hungry Kid.*  
Max participants: 60 kids

Registration Deadline: July 12, 2021

[REGISTER HERE](#)

Two-day event, Monday, July 12-13, 2021, | 9:00 am - 4:00 pm

## Caddo Parish/Centenary - Robert Williams Boys and Girls Youth Basketball Camp

TEAM  
NO KID  
HUNGRY

**Centenary College Gold Dome, 3482**  
Dixie Drive, Shreveport, LA 71104

Caddo Parish Parks and Recreation, in conjunction with Centenary Women's Basketball coaching staff, players, and Robert Williams of the Boston Celtics, will host a two-day general skills and drills basketball camp for grades 4th - 8th. **Registration is required.** Registration fee \$15.00.

For additional information, contact Jason Schmitz, Centenary Women's Basketball at [jschmitz@centenary.edu](mailto:jschmitz@centenary.edu) or (701)400-1163 or Mary Murphy at [mmurphy@caddo.org](mailto:mmurphy@caddo.org) or (318) 220-6284.

*Note: Snacks and meals provided through Team No Hungry Kid.*  
Max participants: 100 kids

Two-day event, Monday, July 26-27, 2021, / 9:00 am - 4:00 pm

Registration Deadline: July 26, 2021

[REGISTER ONLINE HERE](#)



# Athletics

## Tiny Tiger Jiu-jitsu/Wrestling/ Grappling Classes

TEAM  
NO KID  
HUNGRY

The Salvation Army Boys and  
Girls Club of Shreveport  
2821 Greenwood Road, Shreveport, LA

Caddo Parish Parks and Recreation, in conjunction with "Fit, Carlos Machado Jiu-jitsu and The Compound" will host a one-day free Tiny Tigers Jiu-jitsu/wrestling/Grappling Classes this summer for youth (girls and boys), ages 4-6. Tiny Tigers Jiu-jitsu/Wrestling/Grappling classes are designed to develop the coordination, general fitness, and basic motor and listening skills of young children. This fast-paced, high-energy workout teaching them how to roll over on a mat, fall correctly, how to step, take stances and basic pull down and positioning techniques. Basic moves delivered through teaching, demonstrations, fun games and activities. All sessions will be taught by certified Martial Arts instructors. **Registration Required! \$5 registration fee.**

For additional information, contact Mark Yawn at (318) 426-3569, or Mary Murphy at mmurphy@caddo.org or (318) 220-6284.

*Note: Snacks and meals provided through Team No Hungry Kid.*  
Max participants: 35 Kids

**Registration Deadline: July 10 onsite 8:15 am – 8:45 am. Limited Space 35**

**One day event, July 10, 2021 | 9:00 am - 11:00 am**

## Jiu-jitsu/Wrestling/ Boxing Classes with the "Compound"

TEAM  
NO KID  
HUNGRY

C.E Byrd High School, 3201 Line  
Avenue, Shreveport, LA 711004

Caddo Parish Parks and Recreation, in conjunction with "Fit, Carlos Machado Jiu-jitsu and The Compound" will host a one-day free Jiu-jitsu/wrestling/B Classes this summer for youth (girls and boys), ages 7-14, at Byrd High School, time 8:30 am 11:30 am. Classes are designed to develop the coordination, general fitness, and basic motor and listening skills of young children. This fast-paced, high-energy workout focuses on basic moves delivered through teaching, demonstrations, fun games and activities. All sessions will be taught by certified Martial Art instructors. **Registration Required! \$15 registration fee.**

For additional information, contact Mark Yawn at (318) 426-3569, or Mary Murphy at mmurphy@caddo.org or (318) 220-6284.

*Note: Snacks and meals provided through Team No Hungry Kid.*  
Max participants: 50 Kids  
**Registration Deadline: July 20, 2021, Limited Space of 35**

**One day event, July 21 2021 / 8:30 am – 11:30 am.**



# Athletics

## Youth Weightlifting Program / USA Weightlifting

LSU-Shreveport USA Weightlifting Center for High Performance and Development (Health & Physical Education Building, One University Place, Shreveport)

Caddo Parish Parks and Recreation is partnering with LSU-Shreveport nationally recognized youth weightlifting program, offering weightlifting-specific skill training, combined with strength and conditioning that's accessible and challenging for beginners to intermediate-level weightlifters.

**All workout sessions are conducted by certified USA Weightlifting instructors.** This program is for youth (girls and boys) ages 8 – 18. Cost: \$30.00 for annual USA Weightlifting membership.

For additional program information, contact Dr. Kyle Pierce at (318) 344-1561 or Josh Redden at (318) 205-0901.

**Registration: Go to Membership and Recertification Fees ([teamusa.org](http://teamusa.org))**

**Ongoing Monday - Thursday and Saturdays**

**3:00pm – 6:00pm (Monday – Thursday) and 10:00am – 12noon (Saturdays)**

## Weightlifting Demonstrations for Youth/Teens

TEAM  
NO KID  
HUNGRY

Salvation Army Boys and Girls Club of Shreveport Fair Park, 2821 Greenwood Rd.

Interested in becoming a world-class armature weightlifter? LSU-Shreveport nationally recognized weightlifting coaching staff and team will provide free weightlifting demonstrations and instruction for youth and teens ages 8-18. Staff will be on site to teach beginner to immediate weightlifters' proper technique, while improving weightlifting skills in the following areas:

1. Clean and Jerk
2. Power Snatch
3. Leg Deadlift
4. Conditioning /Weightlifting Exercises
5. Nutrition
6. Injury Prevention.

For additional information, contact Josh Redden at (318) 205-0901, Salvation Army Boys and Girls Club of Shreveport at (318) 636-3313 or Mary Murphy, Caddo Parish Parks and Recreation at (318)220-6284.

*Note: Snacks and meals provided through Team No Hungry Kid.*

*Max participants: 25 Kids*

**Saturday, July 24th 10:00am – 11:00am**

**Sign-in | On-site registration begins at 9:30am**



# Athletics

## Contender eSports Shreveport Summer 2021 League

6550 Youree Drive Ste 2600  
Shreveport, LA 71105

### Games:

- Call of Duty: Modern Warfare
- Call of Duty: Black Ops Cold War
- League of Legends
- Rocket League
- Overwatch
- Valorant
- Fortnite

### Benefits:

- Collegiate+ level coaching at 2 practices per week and official matches.
- Membership Benefits
- Cash Prizes, Sponsored prizes, and store prizes
- Unlimited Gameplay Sunday-Thursday from Season Start to Season End
- Partnered with AGN (AmericanGamingNetwork)
- Potential Scholarship Opportunity
- Play with your team in local Contender Tournaments for cash

Pricing: \$500 Per Player.

If the player is under the age of 18, a parent or guardian will be required to sign our consent form as well as our release forms.

**Registration Deadline - June 6th**

**[SIGN UP HERE](#)**

**Season Start - June 10th - Season End - August 21st**

**318-900-8787 | [contenderesports.com/Shreveport](http://contenderesports.com/Shreveport)**

**Age Divisions - 13-17 and 18+**

## 2021 RRRR Summer Fun Run Series

**Dates: Tue June 1 - Thu July 29, 2021**

Brookshire Grocery Company and the Red River Road Runners present the 2021 Summer Fun Run Series.

### Date Location/Distance:

- June 3 Stoner Boat Launch - 5K
- June 10 Ford Park - 5K
- June 17 Bilberry Park - 5K
- June 24 Hamel's - 5K
- July 8 Querbes Park - 5K
- July 15 Southern Hills Park - 5K
- July 22 A.C. Steere Park - 5K
- July 29 Betty Virginia Park - 5K

This is the 30th consecutive year for the Fun Run Series. The runs begin promptly at 6:45 p.m. and are open to all runners from those looking for a hard workout to those who just want an enjoyable run or stroll with fellow runners and walkers. A clock will be set up at each run.

Your registration fee includes: all eight races, guarantees you a special edition 30th unisex tee, freeze pops, watermelon, a sanitation station and a fun time with friends. Paid club members will receive a \$20 discount at checkout. Maximum amount for family is \$60 for the series. "Family" consist of all living in the same household.

*Due to government regulations and to prevent the spread of Covid-19, we ask that you practice safe distances.*

# Athletics



Unfortunately, refunds will not be issued if the events are cancelled, but shirts will still be issued.

Each year this series continues to grow and we hope that this year will be our best yet! For more information contact Jason Graham [jbigdad23@yahoo.com](mailto:jbigdad23@yahoo.com) or Nikki Perot (318) 453-6030.

For more information about YOUth FIT, contact Dr. Shelley Armstrong at (318) 820-2221 or [drshelleyarmstrong@gmail.com](mailto:drshelleyarmstrong@gmail.com)

[2021 RRRR SUMMER FUN RUN SERIES \(RUNSIGNUP.COM\)](#)



# Community Programs

From Our Partners

## From Bossier Parish Libraries

### COMMUNITY CONVERSATIONS TOUGH TOPICS

After a series of community town hall meetings where we received feedback directly from our community members and library staff, our library administration and board of control worked together to create a community-focused strategic plan. This is YOUR library, and as part of our commitment to serving YOU, Bossier Parish Libraries and the Louisiana Department of Health present this series of community conversations on some tough topics.

We're breaking the rules of conversation by talking about all those things we've been taught to not talk about.

This virtual event will take place each Wednesday in June from 6pm-7pm. Browse the session topics below and register for each individual session that interests you. Participants are not required to attend all sessions. To learn more or register: <https://www.bossierlibrary.org/community-conversations>

### SESSION 1 - ADDICTION & RECOVERY

**JUNE 02, 2021 | 6:00PM**

PRESENTER: SHANNON GRESHAM M.S., L.A.C., C.C.S  
NEW DAY RECOVERY TREATMENT CENTER  
This session will explore access to addiction and recovery resources for youth and adults within our communities.

### SESSION 2 - WHAT YOU NEED TO KNOW ABOUT THE EFFECTS OF OPIOIDS

**JUNE 09, 2021 | 6:00PM**

PRESENTER: NATASHA SEALS, PHARMD  
LOUISIANA DEPARTMENT OF HEALTH/  
OFFICE OF PUBLIC HEALTH

This session will touch on the importance of knowing when to use opioids and associated treatment effects. During this session, we will learn what an opioid is, learn the difference between dependence and tolerance, identify misuse patterns, understand why safe disposal and countermeasures are important, and how stigmas can impact treatment outcomes. The session will also address how opioids impact the community and family unit.

### SESSION 3 - COMMUNITY HARM REDUCTION

**JUNE 16, 2021 | 6:00PM**

PRESENTER: YOLANDA DUCKWORTH, OPOC  
LOUISIANA DEPARTMENT OF HEALTH/  
OFFICE OF PUBLIC HEALTH

The first part of this session will give an overview of the Louisiana Opioid Preparedness program by sharing information regarding safe medication disposal.

*Also included in session 3 - overdose prevention: naloxone administration*

PRESENTER: LLOYD ABNEY, COMMUNITY OUTREACH  
COUNCIL ON DRUG & ALCOHOL ABUSE  
The second half of this session will provide a talk on what NARCAN is, how it works, and how to use it.

# Community Programs

From Our Partners



## SESSION 4 - OPIOIDS IN RURAL COMMUNITIES

**JUNE 23, 2021 | 6:00PM**

PRESENTER: RACHEL JACKSON, MPA  
LOUISIANA AMBULANCE ALLIANCE

In this session, we will explore rural vs. urban healthcare disparities, challenges (and opportunities) for addressing the opioid epidemic in rural Louisiana, practical opioid safety tips, and rural resources for addiction and recovery.

## SESSION 5 - HARM REDUCTION & SYRINGE SERVICES PROGRAM

**JUNE 30, 2021 | 6:00PM**

PRESENTER: HERSHEY KRIPPENDORF  
PHILADELPHIA CENTER

There is an urgent need for harm reduction services in the state of Louisiana. According to the Louisiana Opioid Data and Surveillance System, drug deaths from 2019 to 2020 have increased by 70%. Syringe Service Programs not only prevent the transmission of HIV and Hepatitis C but also reduce death by educating and distributing Naloxone; reduce needlestick injuries to first responders and sanitation workers; and provide access to treatment when a participant is ready.

## Shreve Memorial Library- Summer Reading Program

[REGISTER FOR THE 2021 SUMMER READING PROGRAM HERE.](#)

During Summer Reading program, we have tons of special outdoor and virtual programs for you to attend at the library or your home.

### June Performances:

Will Parker (Zoom)  
6/1/2021 @ 2:00 PM

[REGISTER HERE](#)

DAT Does The Trick (Outdoor  
- North Caddo Branch)  
6/2/2021 @ 11:00 AM

Walter B. Jacobs Nature Park  
(Outdoor - Atkins Branch)  
6/4/2021 @ 11:00 AM

Museum of Bad Art: A Visit to  
the MOBA Zoo (Zoom)  
6/7/2021 @ 11:00 AM

[REGISTER HERE](#)

Walter B. Jacobs Nature Park  
(Outdoor - Gilliam Branch)  
6/8/2021 @ 10:00 AM

Among Us Clay Sculpting Workshop (Zoom)  
6/8/2021 @ 4:00 PM

[REGISTER HERE](#)



# Community Programs

From Our Partners

Walter B. Jacobs Nature Park  
(Outdoor - David Raines Branch)  
6/9/2021 @ 10:00 AM

Little You Yoga (Outdoor - Gilliam)  
6/11/2021 @ 10:00 AM

DAT Does The Trick (Outdoor -  
Hamilton/South Caddo)  
6/12/2021 @ 11:00 AM

Little You Yoga (Outdoor - Mooretown)  
6/14/2021 @ 10:00 AM

Professor Universe (Zoom)  
6/15/2021 @ 2:00 PM

[REGISTER HERE](#)

DAT Does The Trick (Outdoor  
- West Shreveport)  
6/16/2021 @ 10:00 AM

Little You Yoga (Outdoor -  
North Shreveport)  
6/18/2021 @ 10:00 AM

Little You Yoga (Outdoor - Broadmoor)  
6/19/2021 @ 10:00 AM

Alex Thomas Puppet Show (Video)  
6/21/2021 @ 2:00 PM

DAT Does The Trick (Outdoor - Main)  
6/21/2021 @ 10:00 AM

DAT Does The Trick (Zoom)  
6/22/2021 @ 2:00 PM

[REGISTER HERE](#)

Walter B. Jacobs Memorial Nature  
Park (Outdoor - Mooringsport)  
6/23/2021 @ 11:30 AM

Steve's Snaketuary (Zoom)  
6/24/2021 @ 2:00 PM

[REGISTER HERE](#)

DAT Does The Trick (Outdoor - Wallethe)  
6/25/2021 @ 10:00 AM

Walter B. Jacob Memorial Nature Park  
(Outdoor - Hollywood/Union Avenue)  
6/26/2021 @ 11:00 AM

Alex Thomas Puppet Show (Online)  
6/28/2021 @ 2:00 PM

Little You Yoga (Outdoor - Blanchard)  
6/30/2021 @ 10:00 AM  
July Performances

## July Performances:

Little You Yoga (Zoom)  
7/1/2021 @ 2:00 PM

[REGISTER HERE](#)

Will Parker (Zoom)  
7/6/2021 @ 2:00 PM

[REGISTER HERE](#)

Museum of Bad Art: Dopplehangers  
7/6/2021 @ 6:00 PM

[REGISTER HERE](#)

Alex Thomas Puppet Show (Online)  
7/6/2021 @ 2:00 PM

# Community Programs

From Our Partners



Yasu Ishida Origami Magic  
7/8/2021 @ 2:00 PM

[REGISTER HERE](#)

Alex Thomas Puppet Show (Online)  
7/12/2021 @ 2:00 PM

Alex Thomas Puppet Show (Online)  
7/19/2021 @ 2:00 PM

Will Parker (Zoom)  
7/20/2021 @ 2:00 PM

[REGISTER HERE](#)

Little You Yoga (Zoom)  
7/22/2021 @ 2:00 PM

[REGISTER HERE](#)

Little You Baby Yoga (Zoom)  
7/29/2021 @ 2:00 PM

[REGISTER HERE](#)



# Visit your Local Caddo Parish Parks

Whether you are looking for a place to start a new exercise routine, open space for the family to run and play, or simply want some peace and quiet in a nature setting- there's a Caddo Parish Park for you!



**Visit Caddo Parish Parks and Recreation website for a listing of Caddo Parish parks near you. The Benefits are Endless!**



# Online Resources



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## Athletic and Recreation Programs (Youth)



### PLAY BALL at Home

Major League Baseball wants baseball fans to know that there are still so many ways to engage and connect with the games of baseball and softball while staying at home. PLAY BALL at Home can mean following along with skill and drill tutorials, using your creativity to find new and different ways to play/practice at-home baseball/softball, or simply viewing and engaging with content from MLB teams, and players. Be sure to use the hashtags #MLBatHome #PLAYBALL on any creative ideas you may have at your home! To learn more about the PLAY BALL program, please visit [playball.org](https://playball.org) and follow @MLB, @PLAYBALL, and @MLBDevelops on Instagram and Twitter.

### Jr. NBA at Home

Jr. NBA at Home is an interactive content series providing basketball skills and drills featuring NBA and WNBA players that can be completed individually and in limited space to help young players around the world stay active and develop their game in a safe and healthy way. The initiative will also include a series of daily posts on Jr. NBA social media platforms and NBA digital properties around the world that provide drills, activities and instruction to promote skill development, physical activity and character development. To learn more about Jr. NBA at Home, please visit [jrnbacom](https://jrnbacom).

### Tennis at Home

During the Covid-19 pandemic, the United States Tennis Association (USTA) will help you keep your family connected and engaged. Tennis at Home platform will provide tennis tips, cardio activities, fun game activities, and tennis-themed educational content to keep everyone in the family active. Show USTA how you're playing tennis and staying active at home by sharing a video or photo and they might feature you on one of their social media platforms. Use #NetGeneration and tag @USTA in your post to [Twitter](https://twitter.com) or [Instagram](https://www.instagram.com). To learn more about Tennis at Home, visit [usta.com](https://usta.com).



## Athletic and Recreation Programs (Youth)

[Back to](#)[MENU](#)

### NFL Play 60 Challenge

NFL PLAY 60 brings together the NFL's long-standing commitment to health and wellness by inspiring physically active lifestyles in schools and homes nationwide. The American Heart Association and the National Football League challenge you to #GetMovingPLAY60 at home with a four-week program that inspires kids to get the recommended 60 minutes or more of physical activity a day at home. Tackle the 4-week Challenge using the NFL PLAY 60 Challenge Tracker. This real-time online tracker helps to count your students' physical activity minutes and compare your achievements to other youth across the country. Be sure to take photos of all the fun you are having this summer! Share on social media using the hashtag #GetMovingPlay60. To learn more about the NFL Play 60 Challenge, visit [NFL Play 60 Challenge](#) or download the NFL Play 60 App in the App Store or Google play.



### Soccer Training

Stay up on your soccer skills this summer from your home or nearest Caddo Parish Park through virtual soccer training videos by Online Soccer Academy. Over 200+ free videos will be at your disposal covering a wide variety of soccer fundamentals for youth of all ages (passing, attacking, dribbling, ball control, speed training, fitness, etc.). To learn more about free soccer training videos, go to [Online Soccer Academy](#).



## Fitness Programs



### Nike+ Run Club

Whether you walk or run, or training for a 5K, Nike+ Run Club has the tools you need to improve your walking/running and overall health. Track your runs, get audio guided coaching, and bring friends along for the ride. Membership is free. Visit [Nike+ Run Club](#) or download app today in the App Store or Google Play.

### Move More Together

The American Heart Association would like all Caddo Parish citizens and families to get their hearts pumping this summer with daily virtual workouts (live and recorded). To learn more about Move More Together, visit the [American Heart Association](#) and click on Move More Together. Please consult your doctor before starting any exercise regimen and for modifications that best meet your individual needs.



## Virtual Field Trips (Youth and Families)

### **Discovery Education- Virtual Field Trips**

Want to go amazing places without leaving your home. Discovery Education provides free Virtual Field Trips for all ages, covering a diverse slate of subjects—from Sciences/STEM and Nature, to Health and Literacy. Visit [Discovery Education-Virtual Field Trips](#). Discovery Education is the global leader in standards-based digital curriculum resources for K–12 classrooms worldwide, serving more than 5 million educators and over 51 million students around the globe.

### **Smithsonian National Museum of Natural History**

Visit the [Smithsonian National Museum of Natural History](#) to see some of their current, past, and permanent exhibits.

### **NASA's Kennedy Space Center-Virtual Field Trip**

The Kennedy Space Center is an excellent place to virtually visit this summer, if you are looking for something educational and fun. Visit [Kennedy Space Center | Full Tour and Guide](#) and get up close with NASA's primary launch facility.

### **NASA Educational Resources**

NASA provides students K-12 with access to educational resources to expand their knowledge, and explore deeper into science, technology, engineering, and mathematics. Visit the [Kennedy Space Center Visitor Complex](#) and download activities to explore the resources available from NASA. Links are updated frequently.



## Virtual Field Trips (Youth and Families)

### Johnson Space Center

Go behind the scenes of the Space Launch System program at the [Johnson Space Center](#) in Houston, Texas.

### Apollo 11 Lunar Landing

Learn about the [Apollo 11 Lunar Landing](#).

### Mars

You don't need a spaceship to visit [Mars virtually](#), thanks to this awesome website where you can walk alongside a rover on the surface of the planet.

### The Tech Interactive

The Tech Interactive, a pioneering science and technology center in San Jose, CA! Nestled in the heart of a region known as Silicon Valley, a name globally synonymous with innovation and technical advancement, it makes perfect sense that the mission of The Tech is to inspire the innovator in everyone. This four-part field trip will have you exploring how innovators in California are creating technologies for the real world.

### Toyota Test Lab

In this Virtual Field Trip, you'll get a behind-the-scenes look at the [Toyota Motor North America R&D Headquarters](#) in Ann Arbor, Michigan.



## Virtual Field Trips (Youth and Families)

### Mercedes-Benz Superdome

Get a quick 3D digital virtual tour of the [Mercedes-Benz Superdome](#), home of the New Orleans Saints.

### AT&T Stadium Virtual Tour

Get a quick 3D digital virtual tour of AT&T Stadium, home of the Dallas Cowboys.

### LSU Football-2019 National Championship Recap “The Best Team Ever”

Get a recap of the 2019 National Championship Game, led by Heisman Trophy-winning quarterback, Joe Burrow.

### White House

Ever wondered what it's like to be president? [Visit the White House](#) to see where he lives!

### Buckingham Palace

Stroll through the home of the Royal Family with this [tour of Buckingham Palace](#).



## Virtual Field Trips (Youth and Families)

### **Yellow Stone National Park**

Explore [Yellowstone National Park](#) with virtual tours of some of the famous attractions around the park.

### **Carlsbad Caverns National Park**

During this virtual field trip, you will learn about how Brazilian Free-tailed Bats use echolocation, explore the largest single cave chamber in North America, and gaze on some of the most beautiful geologic textures in the world.

### **Grand Canyon**

Get a [view of the Grand Canyon](#) from above and see just how big it really is

### **Amazon Rain Forest**

Learn more about the [Amazon Rainforest](#) with an educational tour that shows all the sights and sounds.

### **Bald Eagles**

Watch via YouTube, beautiful bald eagles interact and feed their young from their nest. Visit, [Decorah Eagles- Amazing! DM2 Brings 9 Fish To The Nest](#)

### **Coral Reef-Bahamas**

Go for a swim and [explore a coral reef](#) in the Bahamas.



## Virtual Field Trips (Youth and Families)

### Galapagos Island

Go on an [expedition to the Galapagos Islands](#) on the ship Endeavor II with National Geographic.

### Panda Cam-Zoo Atlanta

The panda cam at [Zoo Atlanta](#) is too cute to miss.

### Georgia Aquarium

You can see beluga whales, sea lions, and explore the Ocean Voyager at the [Georgia Aquarium](#).

### Farm Tour

This [virtual farm tour](#) will let kids visit minks and learn how milk and cheese are processed.

### The Alamo Shrine

Go inside [the Alamo](#) to see where frontiersman Davy Crockett made his final stand.

### African Safari

Take an [African safari](#) to the Etosha National Park in Namibia, Africa.



## Teen Health & Wellness



### Nutrition Tips for Teens

Staying healthy doesn't have to feel like a challenge, even in challenging times.



### Blue Light and Sleep

Ever wondered what being on your phone can do to your sleep habits? Find out how to be more thoughtful about screen time.



### Teen Mental Health

This website provides teens with information on topics including time management, relationships, money, school mental illness, suicide, and addictions. This site also includes self-help information for socioeconomic and healthcare needs, and contains recommendations on where to get help.



## Online Educational Resources:

• K-12 and Families

### **PrepFactory Free SAT & ACT Prep**

Watch hours and hours of in-depth, high-quality SAT and ACT instruction from some of the best instructors in America for FREE at [www.prepfactory.com](http://www.prepfactory.com).

### **Free Virtual Summer Camps by Varsity Tutors**

Need something to keep your K-12 kids busy this summer? Help them make the most of their summer break with interactive camps taught by expert instructors. Sign up for one camp, or all of them! Visit [www.varsitytutors.com/virtual-summer-camps](http://www.varsitytutors.com/virtual-summer-camps). 100% free, 100% fun!

### **Too Small Too Fail**

Staycation family resource includes 10 ways families can talk, sing, read, and play at home.

### **Super Simple Songs**

Explore songs and lyrics for children including nursery rhymes.

### **Reading Rockets**

Resources, activities, and reading tips for parents focused on building reading skills and developing a love of reading! Features downloadable Reading Adventure Packs with activities parents and children can do together.



# Online Educational Resources:

- Pre-K to 2nd Grade

## **Brightly**

An online hub from Penguin Random House to “help raise kids who love to read.” Features reading tips, book recommendations, activities, and more.

## **PBS Kids**

Play games online and watch fun videos.

## **Scratch Jr.**

This app is a simplified version of Scratch designed for coders ages 5–7. It can be downloaded on any iOS or Android device. Guides and activity ideas can be found on the Scratch Jr. website under the Learn and Teach pages.



## Online Educational Resources:

- Reading Pre-K to 3rd Grade

### Online Storytime

Enjoy weekday storytimes brought directly to you by our expert children's librarians as they read beloved books, sing songs, and share early literacy tips.

### NYPL's At Home Storytime Guides! Everything You Need to Get Started

Our At Home Storytime guides allow you to conduct your own storytime from home! We know that families may have limited access to materials, which is why these guides are adaptable, and designed to meet you and your family right where you are.

### Storyline Online

The SAG-AFTRA Foundation's award-winning children's literacy website, Storyline Online, streams videos featuring celebrated actors, including Viola Davis, Chris Pine, James Earl Jones, and more, reading children's books alongside creatively produced illustrations. Available 24 hours a day and also includes teachers' guides with suggested activities.

### Reading is Fundamental Read-Aloud Videos

More than 200 animated read-alouds (Pre-K to 6th Grade) from a trusted online hub for literacy and reading that also features many lesson plans, activities, and printable materials.



## Online Educational Resources:

- Reading Pre-K to 3rd Grade

### Scholastic Storybook Treasures

A collection of popular stories published by Scholastic that are brought to life through animation. Extensive collections available also in Spanish and Mandarin.

### Brightly Storytime

From Penguin Random House, engaging picture book read-alouds for growing readers!



# Printables & Downloadable Activity Sheets:

- All Ages

## **PBS Parents**

Find resources, printables, and activities themed around PBS kids' shows. Click on "Play" to search for different types of printables and activities.

## **Lakeshore Free Learning Activities**

Get printable worksheets, at-home lesson plans, craft ideas, and activities.

## **Canticos**

Find coloring pages themed around bilingual Nick Jr. characters, with words in English and Spanish.

## **Sesame Street Printables**

Get coloring pages and activities themed around the characters from Sesame Street.

## **Penguin Printables**

The publisher offers writing and drawing activities, puzzles, games and mazes, word searches, and coloring pages themed around picture books, nonfiction books, and chapter books.



## Printables & Downloadable Activity Sheets:

- All Ages



### Candlewick Press Resources

Candlewick Press has produced myriad resources featuring some of our favorite characters like Stink and Mercy Watson. Click on “Activity Sheets and Reproducibles” for printable resources.



### Harper Kids Storytime Anytime

Fun printables based on picture books published by Harper Collins. Also, some great storytime tips!



### Scholastic Parents

Resources, downloadable activities, booklists and more! Click on “Activities and Printables” to find printable learn-at-home activities.



## Printables & Downloadable Activity Sheets:

- All Ages

### Reading is Fundamental Literacy Central

An online hub for literacy and reading that features many lesson plans, activities, and printable materials such as book-themed word searches, crossword puzzles, and memory games. Click “Find a Book” to search for specific books and paired activities. You can also search by grade level and material type. Note that a log-in is required to access the Puzzle Creator.

### Brightly

An online hub from Penguin Random House to “help raise kids who love to read.” Features reading tips, book recommendations, activities, and more.

### Candlewick Press Resources

Candlewick Press has produced myriad resources featuring some of our favorite characters like Stink and Mercy Watson. Click on “Activity Sheets and Reproducibles” for printable resources.

### Scholastic Parents

Resources, downloadable activities, booklists and more! Click on “Activities and Printables” to find printable learn-at-home activities.



## Printables & Downloadable Activity Sheets:

- All Ages

### **ReadWriteThink**

An online reading and language arts hub jointly hosted by the International Literacy Association and the National Council for Teachers of English. Features printable activities, book recommendations, and interactive tools like a digital comic book creator.

### **Reading Rockets**

Resources, activities, and reading tips for parents focused on building reading skills and developing a love of reading in their children. Features downloadable Reading Adventure Packs with activities parents and children can do together.



## STEAM: Science, Technology, Engineering, Art and Mathematics (Grades 5-12 and Families)

### STEM Activities at Home

Enjoy fun science activities using supplies easily found at home. Explore robotics, food science, physics, chemistry, and more.

### NASCAR-The Science of Speed

Study aerodynamics and energy of a race car through STEM educational activities and find out what it is like to be a car design engineer. Grades 5-7.

### Summer Slugger

Major League Baseball-Summer Slugger is a fun, interactive, online course that uses the game of baseball to help kids ages 8 to 11 maintain their math and literacy skills during the summer months. Major League Baseball and EVERFI have teamed up to create a platform that keeps kids learning while they are out of school, and avoid the “summer slide” that contributes to a long-term achievement gap. The “Summer Slugger” digital education platform is available for FREE to assist students currently learning at home. Parents, legal guardians, and teachers can access the program for students at [SummerSlugger.com](https://SummerSlugger.com). Visit [SummerSlugger.com/MLB](https://SummerSlugger.com/MLB) and click “Register Now,” for access. Use code “MLB.”

### Brains On

From American Public Radio, a science podcast for families to enjoy together. Topics are wide-ranging and include everything from how elevators work to exploring dyslexia.



## STEAM (Grades 5-12 and Families)

### **Math Snacks**

Short videos and games to introduce different math concepts to school-age kids.

### **National Geographic**

There are a wide range of activities available, from games to videos and exploratory modules on a wide variety of topics like space, U.S. states, and animals.

### **Hour of Code**

Fun, themed coding tutorials that are great for beginners as well as kids who are comfortable with coding but want to practice or tackle a fun challenge. Spend an hour making art or designing games using popular characters from Frozen, Minecraft, or Star Wars.

### **The California Academy of Science**

Activities to highlight the importance of the natural world through interactive games and webpages, live wildlife video feeds, and closeups of creatures.

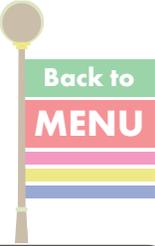
### **Scratch**

Scratch is a programming language developed by MIT especially for beginning coders ages eight and older. Use the Scratch website or download the free software to create, remix, and share coding projects like games and animations in a safe online community.

### **Sketchpad**

An online platform for making digital art. Paint and draw with a wide range of tools and special effects or add clip art and text. Sketchpad's website can be used on a computer or a tablet.

## STEAM (Grades 5-12 and Families)

A button with a gold circular icon at the top, a green bar with the text "Back to", a red bar with "MENU", and three horizontal bars in yellow, blue, and red below.

### **Smithsonian Fun Stuff for Kids Online**

Find activities, games, apps, and other learning resources from Smithsonian institutions as well as animal live streams from the National Zoo.

### **iCivics**

Learn about civics through games that place you in the White House or on the Supreme Court bench.

### **Wonderopolis**

Created by the National Center for Families Learning (NCFL), this website features a “wonder of the day” to promote curiosity, imagination, exploration, and discovery.

### **NPR’s Kids and Families Podcasts**

We especially love Wow in the World, “a podcast designed for parents and kids to listen to together,” with its content focused on learning more about the world.

### **The Fin, Fur, and Feather Bureau of Investigation**

Storytelling and fun activities to teach kids about different places and cultures across the globe.



## STEAM (Grades 5-12 and Families)

### **BBC iReporter**

Take on the role of a BBC social media reporter breaking the story of a hacking crisis in this choose-your-own adventure game with live-action video. Touches on digital literacy issues such as sources, fake news, and sharing on social media.

### **Code Club**

Get started learning programming languages like Scratch, HTML/CSS, or Python with these fun tutorials and creative projects! We recommend beginning coders start with the Scratch modules while more experienced coders can test out HTML/CSS or Python.

### **Digital Compass by Common Sense Education**

Digital literacy choose-your-own-adventure games for middle school students.

### **Hour of Code**

Fun, themed coding tutorials that are great for beginners as well as kids who are comfortable with coding, but want to practice or tackle a fun challenge. Spend an hour making art or designing games using popular characters from Frozen, Minecraft, or Star Wars.

### **Incredibox**

Build an animated beatboxing crew using drag-and-drop musical samples. Play around and make your own beats or complete challenges to unlock music choruses. Incredibox has both a limited online demo and an app.



## STEAM (Grades 5-12 and Families)

### Mouse Open Projects

Find resources and tutorials for creative technology projects using 3D modeling, eight-bit pixel art, coding, and more.

### NPR's Kids and Families Podcasts

We especially love Wow in the World, "a podcast designed for parents and kids to listen to together," with its content focus on learning more about the world.

### Sampulator

Create the next chart-topper with a web-based keyboard of music samples. Record and layer different tracks, then listen to your creation.

### ReadWriteThink

An online reading and language arts hub jointly hosted by the International Literacy Association and the National Council for Teachers of English. Features printable activities, book recommendations, and interactive tools like a digital comic book creator!

### Brightly

An online hub from Penguin Random House to "help raise kids who love to read." Features reading tips, book recommendations, activities, and more.

### Adobe Spark

A graphic design platform from the creators of Adobe Photoshop & Illustrator. Use it for creative projects like designing posters, social media posts, slide shows, and short videos. There are both web and app versions of Adobe Spark.



## STEAM (Grades 5-12 and Families)

### **Advance Power Searching on Google**

Take your search game to the next level with these videos (text available as well).

### **Canva**

A graphic design platform with a wide selection of free templates and clip art. Use it to design everything from bookmarks to infographics. There are both web and app versions of Canva.

### **Microsoft MakeCode Arcade**

Design, remix, and play games while learning the code that powers them. Start with a tutorial game before building your own game or taking a deeper dive into a coding course.

### **Mouse Open Projects**

Find resources and tutorials for creative technology projects using 3D modeling, 8-bit pixel art, coding, and more.

### **Time for Payback**

An online game that prepares you for the financial responsibilities of college and beyond.



## More Fun Things to Do at Home (Kids and Families)

### **NASCAR Acceleration Nation for Kids & Families**

Want to stay connected to NASCAR this summer with interactive, fun games and printable hands-on activities for all ages, visit [NASCAR Acceleration Nation for Kids](#) or download the free NASCAR Acceleration Nation app today in the App Store or Google Play.

### **Kids Education**

Check out these [kids education](#) websites offering free subscriptions.

### **How to Make Bubbles**

Help your kids learn [how to make bubbles](#) at home.

### **Active Indoor Games**

My kids are obsessed with these [active indoor games](#).

### **5 minute Crafts for Kids**

[5 minute crafts](#) for kids are so fun and easy.

### **Coloring is Fun**

[Coloring is fun!](#) Especially in the summer time.



## More Fun Things to Do at Home (Kids and Families)

### **Glue Pennies on Shoes**

You won't believe why parents are [gluing pennies on shoes](#).

### **Dinosaur Crafts**

Rawr! Here are some of our favorite [dinosaur crafts](#).

### **100 Things to do Before You're Twelve**

Check out these 100 activities for kids  
[to do before they turn twelve](#).

### **Indoor Games for Kids**

Make being stuck at home fun with our  
favorite [indoor games for kids](#).

### **Printable Fortnite Coloring Pages**

Have fun coloring awesome [Fortnite coloring pages](#).



# Activities for Children with Developmental Disabilities

## Activity Ideas for Children with Developmental Disabilities

Simple and modified activities for developmentally disabled children.

## Special Needs Games Online

This site is adapted for people with intellectual and developmental disabilities who are using the computer as a source of fun activities, entertainment, leisure and learning.

## App for Kids with Special Needs

No matter which hurdles your kid faces, the apps and other media included on this website can give him or her an added boost, and become a part of your toolkit as you work with your child.