

FITNESS • WALKING • NUTRITIONAL LITERACY



3.23.24
FITNESS
In The
PARK



FREE EVENT!

(Registration is required)
www.caddoparks.org

REGISTRATION

9:00 am - 9:15 am

EVENT

9:30 am - 11:30 am

Info: Mary Murphy
(318) 220-6284
mmurphy@caddo.org

*Bring a mat, towel and
hand weights!*

**BRING THE ENTIRE
FAMILY OUT**

and engage in a diverse
slate of fitness activities to
promote healthy living.



Parks and
Recreation

P.B.S Pinchback Park
7903 Jefferson Paige Road
Shreveport, LA 71119

