

Spring 2024



MAR
APR
MAY

Athletics

FREE Youth Weightlifting Program / USA Weightlifting

WEEKLY, MONDAYS - THURSDAYS @3PM-6PM &
SATURDAYS @10AM-12NOON
USA WEIGHTLIFTING CENTER FOR HIGH
PERFORMANCE AND DEVELOPMENT
AT LSU SHREVEPORT

Caddo Parish Middle School Boy's and Girl's City Basketball Season

SCHEDULED SEASON: DEC 2023 - MAR 2024
CHAMPIONSHIP GAMES:
MON, MAR 4 @ 6PM | LSU SHREVEPORT

Caddo Parish Baseball Skills and Drills Clinic

TUE, MAR 5 @ 6PM-8PM
CAPTAIN SHREVE HIGH SCHOOL

Caddo Parish Head Start T-Ball Training League

STARTS THE WEEK OF APR 1 @ 6:00PM
COACHES/PARENT ORGANIZATION MEETING:
WED, FEB 21 @ 6:00PM - 7:00PM

Caddo Parish Friends of Devin Meyers JR. NBA Basketball Challenge

SAT, APR 6 @ 9:00AM - 12:00PM
GYM SITE TBD

Caddo Parish Middle School Track & Field City Championships

WED, APR 17 @ 4:30PM
LEE HEDGES STADIUM

Youth Lacrosse Clinic

SAT, MAY 18 @ 9AM-11AM
CHECK-IN BEGINS 8:30AM
SHREVEPORT INDOOR SOCCER COMPLEX

Caddo Parish Cabosa Indoor Soccer Clinic

THU, MAY 23 @ 9:00AM - 11:30AM
SHREVEPORT INDOOR SOCCER COMPLEX

Caddo Parish Soccer Clinic

WED, MAY 29 @ 9AM - 11AM
GALILEE BASEBALL FIELD

Caddo Parish T-Ball and Coach Pitch League

STARTS THE WEEK OF JUN 3 @ 6:00PM
COACHES/PARENT ORGANIZATION MEETING:
MAR 21 @ 6:00PM - 7:00PM

Arthritis Intervention

Chair Aerobics

TUESDAYS AND THURSDAYS
10:30AM-11:30AM • BEGINS MAR 5
LAKESIDE PARK COMMUNITY CENTER

Health & Wellness

March Health Spotlight:

- HIGHLIGHTING DIABETES
- NUTRITION AND KIDNEY MONTH

April Health Spotlight:

- NATIONAL CHILD ABUSE PREVENTION MONTH

May Health Spotlight:

- STROKE AND HIGH BLOOD
PRESSURE AWARENESS MONTH

Fitness in the Park

SAT, MAR 23 @ 9AM-12NOON
PBS PINCHBACK PARK

Senior Day in the Park

FRI, MAY 10 @ 9AM-2PM
RICHARD FLEMING PARK

Recreation

Youth Crime Prevention

Caddo Parish Parks and Recreation is joining forces with the Caddo Parish District Attorney's Office to host crime prevention presentations for youth and teens throughout Caddo Parish.

These workshops range from Gun Violence, Cyberbullying to Decision Making, Sexual Assault Awareness, and Dating Violence. The program is designed to teach our Caddo Parish youth how to remain safe, and make intelligent decisions; but most importantly, providing a platform to discuss the challenges our youth and teens face daily.

If you would like to schedule a crime prevention presentation for your youth organization, contact Cattina Williams at (318) 218-7070 or cwilliams@caddo.gov

Nature Education

Intro to Archery

SAT, MAR 2 @ 12NOON-2PM
SAT, MAY 11 @ 10AM - 12NOON
RICHARD FLEMING PARK

Junior Naturalists Workshop

SATURDAYS, MAR 9, MAY 4 @ 10AM - 12NOON
RED RIVER NATIONAL WILDLIFE REFUGE

Morning Nature Hike

SATURDAYS, MAR 9 @ 6:30AM, APR 13 @ 7AM,
MAY 4 @ 6:30AM
EDDIE D. JONES PARK

An Introduction to Acrylic Painting Workshop

SATURDAYS, MAR 16, APR 27,
MAY 11 @ 10AM - 12NOON
J. BENNETT JOHNSTON WATERWAYS VISITOR CENTER

Quiet Hike

SAT, APR 6 @ 10AM - 12NOON
EDDIE D. JONES PARK

Family Adventure Day

SAT, MAY 18 @ 9AM-12NOON
RICHARD FLEMING PARK