

## Mon • July 1 6pm-8pm

PHR

JrHRD 11-12 & 13-14

Г-Ball 4-6

**REGISTRATION DEADLINE** June 30, 2024

7-8, 9-10, 11-12 & 13-14

MLB Pitch Hit & Run (PHR), MLB Jr. Home Run Derby (JrHRD), and T-Ball Clinic are free, one-day competitions that are easy to execute for players ages 4-14. PHR is the Official Skills Competition of MLB – providing youth the opportunity to show off their fundamental baseball/softball skills, and JrHRD is a fun competition that provides baseball players the chance to display their hitting power.

**PHR Participants** will compete in 7-8, 9-10, 11-12, or 13-14 age divisions.

**The Jr. Home Run Derby** competition is open to all boys and girls age 14 and under. All participants compete together in one of two age groups, 12U or 14U.

*The age cut-off for each division is November 15, 2024* 

Contact -----

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PARKS AND RECREATION